

- 1. What's something happening in your life right now that feels challenging or stressful?
- 2. Is there anything you're worried about or feeling uncertain about this week?
- 3. What's one thing that's been on your mind lately that you haven't shared with anyone yet?
- 4. How can we help you as a family with what you're going through?
- 5. What does God say about your situation in the Bible?

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